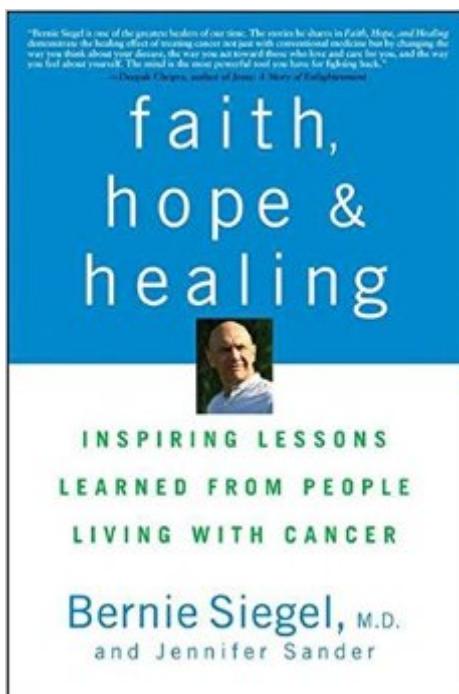


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Faith, Hope And Healing: Inspiring Lessons Learned From People Living With Cancer



Synopsis

faith, hope & healingInspiring Lessons Learned from People Living with Cancer""Bernie Siegel is one of the greatest healers of our time. The stories he shares in *Faith, Hope, and Healing* demonstrate the healing effect of treating cancer not just with conventional medicine but by changing the way you think about your disease, the way you act toward those who love and care for you, and the way you feel about yourself. The mind is the most powerful tool you have for fighting back.""-Deepak Chopra, author of *Jesus: A Story of Enlightenment*Praise for Bernie Siegel for *Prescriptions for Living*""Bernie Siegel is a brilliant beacon broadcasting a message of hope. When high-tech medicine is supplemented with love and compassion, we have not only curing but also healing, which is what Siegel's message is all about.""-Larry Dossey, M.D., author of *Healing Words*for *Help Me to Heal*""If you or a loved one have to go through major medical care . . . this book can be . . . life-saving and soul-saving.""-Andrew Weil, M.D., the New York Times bestselling author of *Spontaneous Healing* and *Eight Weeks to Optimum Health*for *365 Prescriptions for the Soul*""Bernie Siegel dispenses spiritual medicine that's good for you, and feels good too! I highly recommend these daily doses of eternal wisdom.""-Marianne Williamson, author of *Everyday Grace*""Bernie is one of the world's most respected doctors. I would pay close attention to any prescription he offers. I read from this each day.""-Wayne Dyer, author of *Getting in the Gap*""Dr. Siegel's soul medicine is dispensed in perfect doses to uplift, inspire, enlighten, and heal you. As always, Bernie's wisdom and love gave me goosebumps, or should I say god-bumps. Buy a carton of this medicine-in-a-book and administer it to everyone you love.""-Joan Borysenko, Ph.D., author of *Inner Peace for Busy People*for *Love, Magic, and Mudpies*""Dr. Bernie Siegel has been my mentor and friend for many years. His wisdom has been a beacon of healing and humor. *Love, Magic, and Mudpies* is as funny, wise, and practical as its magical author. Every parent needs this book.""-Christiane Northrup, M.D., author of *Mother-Daughter Wisdom*""Love, Magic, and Mudpies is a wonderful, wise, and very funny antidote to the No-Parent-Is-Perfect-Enough school of parenting. Bernie Siegel's delightful new book could only have been written by a seasoned father and grandfather who is also a pioneer of holistic medicine.""-Rachel Naomi Remen, M.D., author of *Kitchen Table Wisdom*""Dr. Bernie Siegel is a living demonstration of the healing power of commitment, compassion, and love. What he offers the world in *Love, Magic, and Mudpies* is a testimony of his wisdom. No matter what ails you, a dose of Bernie Siegel and his work is sure to work magic in your soul.""-Iyanla Vanzant, author of *One Day My Soul Just Opened Up*for *Peace, Love & Healing*""Bernie Siegel [is] a doctor who loves. In this age of massive, impersonal medical technology, his advocacy of human caring is a necessity.""-Larry LeShan, Ph.D., author of *Cancer*

as a Turning Point""I was enthralled with this book. [This] truly great book ... combines sound thought with captivating humor.""-Norman Vincent Peale

Book Information

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Customer Reviews

Bernie Siegel is a wonderful healer, his words bringing inspiration and solace through the stories shared in this heartwarming book. I was reminded of a story Bernie likes to tell about the start of his career in providing support and nurturing to women with breast cancer - as I read this collection of reports from 32 people who learned to deal with their cancers as teachers and inner healers. Bernie was distressed to find that many of the women he treated as a surgeon had no source of support outside their stressed families for dealing with their health challenges and the emotional turmoil they encountered - both from the cancers and from the medical treatments. Bernie invited a group of people who had undergone cancer surgery to meet regularly in his office in a support group. He found that the best way he could contribute was to let these people share their issues with each other and find support from each other, and to keep as quiet himself as he possibly could. In this book there are stories of men and women, young and old, and a few as well of children who tell their experiences of dealing with cancers. For anyone who is challenged with cancer, this book brings the wonderful gift of hope. With the help, encouragement and support of the author, many of these people were able to arrive at a place of peace and inspiration, living their lives much more fully and meaningfully as a result of their experiences of dealing with cancer.

You don't have to be facing cancer to appreciate the messages in the stories that are in these chapters. I read "Faith, Hope, and Healing," because I was looking for insight into a health condition that I have which is not terminal, however, it is painful. Reading the chapters written by people who were either dealing with cancer, or a loved one that had cancer made me take stock in how much I have to appreciate in my life. Instead of being pulled down by what we have wrong in our lives, especially with health, this book really showed me to appreciate what I have that is good. Dr. Siegel's insightful contemplations about each person's experiences really gave me a lot of food for thought. Every single one of us can apply these messages to our lives right now. I am truly grateful that I was able to read this book. I also think that people who are dealing with loved ones who have cancer will really benefit.

This is a great book for putting your arms around a diagnosis of cancer and how to deal with it. A positive attitude and hope is crucial to getting better. Faith takes some of the burden of fear and angst away. Good read. Bernie Siegel does a terrific job helping one learn to cope with this diagnosis.

We are in desperate need of more books such as this one. Yes you may say there already are many such books on the market. To a certain extent that may be the case, yet few if any, are written by a medical person with Dr Segal's credentials. The world needs to read that there are other ways to heal the body that are less brutal than the ones used today in so called modern medicine. These people have taken responsibility for their health and are prepared to believe in themselves to achieve the outcome that is so healing in every way - how liberating and empowering is that! We have to be responsible for our own health as well. We need to tap into what our own individual requirements are and work with these. The more people who read a book such as this the more people will realise that it may be possible for them as well. Our world needs the inspiration of possibilities rather than probabilities. Probabilities are like pointing the bone. We all know the outcome of that! And what does that mean - just belief. Let us change the belief to possibilities rather than probabilities. Dr Gunta Krumins-Caldwell author of On Silver Wings

This book is great for cancer patients. A must read. Dr. Siegel is an exceptional teacher. He combined the best of both world: spirituality and science. I truely enjoyed this book.

The thought of cancer strikes fear into the hearts of most people. Yet many who have gone through

the process of healing have found that the cancer taught them something important about themselves that they needed to discover. Dr. Bernie Siegel has compiled some of these inspiring stories of survivors and caregivers of cancer patients in faith, hope & healing. Broken down into three sections -- faith, hope and healing -- people who have gone through the process of dealing with cancer in themselves or loved ones share their stories. After each, Dr. Siegel shares his thoughts on how they may have helped or hindered their journey through recovery. Dr. Siegel is one of the pioneers in using words and thoughts to facilitate healing, and knows how powerful an inspiring message can be for someone who's still in the midst of recovery. In reading these wonderfully uplifting true stories, you'll find some of the faith and hope that others discovered, which may help in your own healing process. Reviewer: Alice Berger

Helpful for anyone living with cancer, just diagnosed and all family and friends of anyone with the disease. Caring, real and insightful.

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